

Growing Healthy Families

BARRE DISTRICT OFFICE • Vermont Department of Health, WIC Program
5 Perry Street, Suite 250, Barre, VT 05641 • 1-802-479-4200 or 1-888-253-8786



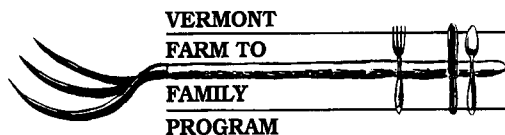
Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

There is a \$60 maximum benefit per family. Mark your calendar now — attend one of the activities listed here to pick up your coupons. Can't make any of these dates? Go to www.WICHealth.org and complete a fun activity involving fruits and vegetables. See the back of this page for directions.

See you this summer!



Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more!

Drop in anytime during the times listed.

DATE	TIME	PLACE
Friday, June 27	1:00–4:00 p.m.	Barre WIC Office McFarland Office Building Barre
Tuesday, July 8	3:00–5:00 p.m.	Northfield Farmers' Market Northfield Common
Saturday, July 12	9:00 a.m.–Noon	Capital City Farmers' Market Montpelier
Thursday, July 17	3:00–5:00 p.m.	Waterbury Farmers' Market Rusty Parker Memorial Park Waterbury
Saturday, July 19	9:00 a.m.–Noon	Barre Farmers' Market Vermont Granite Museum 7 Jones Brother Road Barre
Friday, August 1	9:00 a.m.–Noon	Barre WIC Office McFarland Office Building Barre

- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.

